

## Sherbrooke Tofu and Banana Bread

### *Recipe for 1 Loaf*

4	mashed bananas
1 lb.	tofu broken with fork
1 cup	oil
½ cup	wheat germ
6 tbsp.	milk
1 tsp.	salt
2 tsp.	vanilla extract
1½ cups	grated coconuts
3 cups	whole wheat flour
4 tsp.	baking powder

### *2 Loaves*

8 bananas
2 lbs.
2 cups
1 cup
¾ tbsp.
2 tsp.
4 tsp.
3 cups
6 cups
3 tsp.

### *4 Loaves*

16 bananas
4 lbs.
4 cups
2 cups
1½ tbsp.
3 tsp.
3 tsp.
6 cups
12 cups
6 tsp.

- Preheat oven to 352° F.
- Mix flour and baking powder. Put aside.
- Mix all other ingredients together in large bowl.
- Incorporate flour, stirring until firm.
- Place in greased and slightly floured bread pan.
- Cook in oven 1 hour.

**Tip:** Tofu pieces should not be too small. This loaf freezes well.